

Newsletter of the

Ithaca Monthly Meeting

of the Religious Society of Friends (Quakers)

October 2008

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IMM CONTACTS

Clerk:

Tom Brown 5 Rockwell Road, Newfield, NY 14867 272-5554 • tlb4@cornell.edu

Ministry and Oversight:

Marion daGrossa 109 Sears St., Ithaca, NY 14850 273-4020 • mdagrossa@twcny.rr.com

Treasurer:

Steve Mohlke 52 Gray Road, Ithaca, NY 14850 277-4183 • smohlke@lightlink.com

Childcare Requests:

Ginny Gartlein • 272-3471

Burtt House:

Mary Balfour, Friend in Residence 227 N. Willard Way, Ithaca, NY 14850 273-5421

Listserv:

Send email to lyris@cornell.edu. Leave the subject line blank and include: join IMMRSF-L "Your Name" (include the quotes) in the first line of the body of the message.

Website: ithacamonthlymeeting.org

NEWSLETTER SUBMISSIONS Due October 22nd

Materials for November's newsletter may be submitted by the method of your choice to: Rini Clarkberg 150 Giles St., Ithaca, NY 14850

277-9364 • mec30@cornell.edu

Transformative Power in AVP

— Barbara Barry

"Forgiveness," the young man said, "That was a word I could not understand. I would never learn to forgive—my life has been too terrible. Bad things have happened to me and I have done awful things to others." "But", he went on, "through the AVP training I have experienced what it means to forgive someone and it

is as if a stone melted in my heart.

I am a happy person." This young man and he was in a session called T4F (training for facilitators). He had in the Alternatives to Violence a facilitator himself. So was I.

Everyone has a moniker in AVP When I chose that name I did not feel when I share moments such The thoughtful, reflective place in the AVP my heart. And

something new and about myself. aware how difficult it is to build trust and against being too vulnerable. At the same

impressed by the changes I see in the participants stay the course.

The Alternatives to Violence Project started in New York in 1975 when a group of inmates from Greenhaven Prison asked a local Quaker group to help design a nonviolence training workshop that they could use in an experimental program in a Division for Youth institution. Since then AVP has spread throughout the prison system in the State and in 2007 17 prisons were served; 150 workshops were presented and more than 1500 persons participated in those workshops. Community workshops are held as well. This process encourages people to understand themselves and to elicit the best in others. It helps people "AVP" continued on page 2

Back to Anabel Taylor

In October, we return to Anabel Taylor Hall for Meeting for Worship. On October 5th, a welcoming back to First Day School event will begin at 10:30 in the Edwards Room. All Friends are encouraged to attend.

Meeting for Worship begins at 11am. The door to the Edwards Room is closed at 11:05. Latecomers are invited to worship in the hall until the doors are opened at 11:15 for children to make their ways to their First Day School classes.

and mine is Blessed Barbara.

realize how blessed I would

as the one described above.

conversation that takes

circle often touches

every time I go I learn

I have become really

how all of us guard

time, I am always

who persevere and

about the human condition

"AVP" continued from page 1

to live/work in community with others in any setting. The workshops consist of a series of exercises designed to allow people to learn conflict resolution through affirmation, respect for others, developing a caring community and trust. The program consists of serious talk and lots of good times. Intense emotional experiences are offset by "light and livelies" which are both active and funny. It is amazing how long "Simon Sez" can go on when people are really competitive.

The workshops are coordinated by inmate facilitators and by AVP volunteer trainers from the outside. The inmates are very appreciative of the people who are willing to spend some time with them. The inmate facilitators are especially kind and hospitable. Entering a prison can be daunting and it is important to be able to see the program from the perspective of the corrections officers as well as the inmates.

In AVP training there is a phrase, "transformative power", which describes the basic tenet of all AVP interactions. It encompasses the ability to walk in another person's shoes, to recognize his goodness and to relate to that goodness. This can be risky and in prison there is a heightened sense of risk. In June at my last workshop, there was an altercation between the corrections officers and an inmate. The emotional charge was very intense and it took courage and compassion on the part of the inmate to use his own inner strength to change the situation. It was resolved peacefully—a tribute to AVP and the commitment to nonviolence.

AVP/NY has entered a new level of activity this year.. A memo from the New York State Department of Correctional Services has been sent to all facilities encouraging them to develop an AVP program. Prisons that have not had programs in the past are requesting workshops. This means there is a need for more volunteers and more money. AVP/NY has a tight budget that depends on contributions from individuals and organizations. These funds pay for a part-time coordinator for all of the programs across the State as well as all training materials including the AVP Volunteer Handbook and the AVP Manuals which are given free of charge to the inmate facilitators. In addition, AVP/NY runs a Flight Path to Freedom program which assists AVPers who are being released from prison make the transition to the outside world. The budget covers funds for a part-time consultant who has incorporated AVP principles into his project in Brooklyn called the Redemption Center. The staff at the Redemption Center contacts AVP participants as they leave prison to help them with housing and

Words to Consider

from Meeting for Healing

A Bigger Heart: Lessons in Loving

Experiment with giving up your preference. Instead, try surrendering your preference as an act of power and bigheartedness. You can give from a sense of emotional abundance, not poverty. Buddhist principles called the Four Immeasurables show us how to neutralize anger and judgment without "giving in" or feeling like a doormat or phony.

Loving-Kindness is about figuring out how to love beyond your predetermined view of love, to stretch beyond the boundaries of your own heart.

Compassion is to love and accept what is, to nurture a sense of openheartedness, rather than impatience.

Sympathetic Joy is to share the happiness of others, even though you are not excited by their choices. Acknowledge your disappointment but keep it separate from appreciating their joy.

Equanimity is the ability to remain calm and relaxed in the face of strong feelings. By approaching the situation from an honest (as opposed to manipulative) stance, you are better able to communicate your needs and have them heard. Even attempting to expand your perspective enough to fully understand the nature of the conflict, no matter how painful it is to you, will help restore equanimity.

If you want more love and understanding, learn how to authentically offer these things —over and over again. Open the gates of your own love, and you can have faith that it will be returned.

— Susan Piver

employment as well as introducing them to the Landing Strip, a support group for AVP ex-inmates.

My experience with AVP has been very positive and rewarding. I would encourage anyone who would like to volunteer to sign up for a Basic AVP course. Even if you decide not to volunteer, the training is worth the time and effort. I am also asking people to generously give to keep this important program for peace going. Money can be donated through the Ithaca Monthly Meeting earmarked for AVP/NY. Or checks can be sent directly to AVP/NY, P.O. Box 54, Poplar Ridge, New York, 13139.

Please call me by my true names, so I can wake up and the door of my heart could be left open, the door of compassion.

— Thich Nhat Hanh

Meeting Events

Floating Meeting & Apple Picking Saturday, October 4th

Floating Meeting is an intergenerational meeting "for worship with attention to eating" and time to get to know each other better. It became known as Floating Meeting because it takes place in a different home each month. The next Floating Meeting will take place at Liam Murphy and Susan Hess's home (78 Genung Circle /272-4526) on Saturday, October 4. Come early to pick apples! Apple picking from 4:00 on, and a dish-to-pass supper will begin at 6:00. If your spirit is willing, but your body can't climb ladders, don't worry ... we have a few trees near the house and younger people are often willing to help collect. It's a great chance to build intergenerational cooperation! If the weather cooperates, we will again make cider in our press and, if the time is nice, we can offer a great view from our hill and, maybe, a campfire. Come join us!

Welcome to First Day School Monday, October 5th, 10:30a

All Friends are invited to participate in the welcoming of the Meeting's children to First Day School. This event will be held in the Edwards Room; no food will be served.

Round Singing Thursday, October 9th, 7-9p

Come sing rounds with us! Learn and teach new ones and share old favorites. It's a drop in event at Melody's house, 112 Mt. Pleasant Rd. We plan to meet monthly. Let us know if you're interested, but can't come that night. Call or e-mail: Melody Johnson, Bronwyn Mohlke, Ginny Gartlien or Sue Wolf for more info.

Social Justice Committee Meeting Thursday, October 5th, Rise of Meeting

Social Justice will gather in the cafe in Anabel Taylor. Please join us.

Elspeth Rhodin Turns 80! Monday, October 13th

Birthday cards and well-wishes may be sent to Elspeth in Maine: 313 Cape Split Road, Addison, ME 40606. Phone calls are also welcome: 207-483-2873.

Experiences of Burma/Mayanmar Thursday, October 16th, 7 pm

Join us at the Burtt House. Rose Metro of our Meeting will show some photos she took in Burma/Myanmar after Cyclone Nargis in May and discuss the relief work that is still going on there. Everyone is welcome to come and learn more about the situation and what you can do to help!

Peace Witness Committee Tuesday, October 14th, 7:30p

The violence and militarism of our times challenge Friends in our work for peace. How do we bring our testimony into action?

Each month, the Peace Witness Committee meets on the second Tuesday at the Burtt House. This is an open committee that welcomes the participation of everyone. Our main goals are to provide a focus in our Meeting for peace witness and to encourage and support the leadings of Meeting members and attenders working for peace.

We have adjusted the time of the Peace Vigil to 5 to 5:30p. Please see "IMM Announcements" on page 3.

Leading a Quaker Life: Experiences Eating Locally Friday, October 17th, 6p

Being mindful of the food you eat and the energy you consume can have a dramatic impact on the way you relate to the world. As you start to pay attention, things change that are hard to turn back. Join Simon, Angelika, and Sungiva St.Laurent for a discussion of how their year of local eating has transformed their daily lives, even now that the experiment is over, and how that was informed by and reinforced their religious commitments.

CROP Walk Sunday, October 19th, 1:30p

Ithaca Monthly Meeting joins ACT (Area Congregations Together) to participate in CROP Walk, a fundraiser to address hunger, meet emergency needs, aide refugees, and try to help address the root causes of poverty and powerlessness. Read more about CROP Walk on page 5.

This is a fundriaser, and walkers need to get sponsors to contribute for every mile walked. Registration runs from 1:30 to 2p on the Commons. There are two routes: one is 1.5 miles, and the other is 5 miles.

Contact Bronwyn Mohlke for information about registration.

Meeting for Healing Tuesday, October 22nd, 7:15p

A Meeting for Healing is held at 7:15 on the fourth Tuesday of every month at Melody Johnson and Dick Crepeau's house (112 Mount Pleasant Road). If you have a concern but cannot attend, let Melody know and you will be held in the Light. For directions or more information, call Melody, 272-8755.

Coming in November...

Join us Saturday November 15, for the annual fall Yard & House clean up projects. Come when you can between 9a and 2p. Scones & coffee provided.

IMM Announcements

Peace Vigil Time Adjustment

An important action of the Peace Witness committee has been the Thursday Afternoon Vigil. Continuous since before the US invasion of Iraq in March2003, this vigil is an ongoing statement of the Quaker belief that violence is not the only route to solving serious human conflict. Every week, in all types of weather, at least a few from our Meeting have been at the foot of State Street quietly holding messages of Peace.

Recently, the committee has decided to alter slightly the vigil time. Now the Vigil time will be 5 to 5:30p.

Please come join us, if only for 10 minutes. (Sometimes passers-by are even inspired to join in for a few minutes!) You can bring a sign with your own message or choose from several already there.

We will be at the bottom of East State Street (between Challenge Industries and CSMA) every Thursday from 5 to 5:30.

Leading a Quaker Life

This season's Leading a Quaker Life series will begin October 17 with a discussion on Issues of Food and Energy (see Meeting Events, page 2). We need volunteers to help present the rest of this fall's Leading a Quaker Life sessions. If you could help with a presentation or panel discussion on one of the topics below, please contact Alexa Yesukevich at apy3@cornell.edu. Presenters need not be Meeting members – attenders are welcome to volunteer!

- Nov 14 Consuming Issues
- Jan 23 Money
- March 27 Parenting
- April 24 Dealing with Conflict

Choosing a Seat

If you arrive early or on-time to Meeting for Worship and do not plan to exit the room (such as with the children), please consider choosing a seat further from the door to facilitate transitions into and out of the worship space for others.

Crafting a Charge for an Earthcare Committee

At the March 2008 Meeting for Business, the following Minute was approved regarding an IMM Earthcare Witness Committee

The Social Justice Committee recommends the formation of a standing Earthcare Witness Committee by January 2009 to facilitate the consideration of Earthcare-related concerns within the life of Ithaca Monthly Meeting on an ongoing basis.

The Social Justice Committee also recommends immediately

forming an open, ad hoc Earthcare Witness Committee to a) facilitate the consideration of the Eco-Spirituality & Action Minute from New York Yearly Meeting, and h) prepare a charge for the standing Earthcare Witness Committee.

Both the ad hoc and the standing Earthcare Committee would be open to any members or attenders of the Ithaca Monthly Meeting. In preparation for receiving the charge of the Meeting, the ad hoc committee will also suggest an appropriate budget request.

Since we are now in the final stages of planning committees and their budgets for 2009, it is especially important that we establish a working group to establish an Earthcare Witness Committee in the very near future. Please let me know if you are interested in being part of the working group.

Because Earthcare is such an all-encompassing concern, it would be good to have input from as many people as possible. For people who do not like meetings, ideas regarding a charge can be shared on-line, over the phone, or via written correspondence. The following questions may help us begin to think about the charge:

- How do the Testimonies of Simplicity, Peace, Integrity, Community, Equality and Stewardship (SPICES) relate to Earthcare?
- What does our Quaker faith have to say about climate change?
- How can we, as a Meeting, encourage and facilitate mindful actions regarding Earthcare in the activities of IMM and in wider Quaker bodies?
- How can we, as a Meeting, encourage and facilitate mindful actions regarding Earthcare in our personal and professional lives?
- How can we, as individuals and as a Meeting which supports the work of FCNL and the UN, promote public policies that recognize the importance of Earthcare, and that recognize the nature of the ecological and eco-justice crises currently faced by all people and other living things on Earth?

Please share any additional ideas and/or responses to the above with me.

Please also let me know if you are interested in helping craft the charge and/or being part of the working group. (Helping work on the charge will not in any way commit people to serving on a resulting committee.) My email is <margaret@mccaslands.com>.

— Margaret McCasland

Quakers in Our Region

Work Weekend Contra Dance and Storytelling October 17-19

Please join us at Powell House, our regional Quaker retreat center, for our annual Fall Work Weekend! Learn new skills among the 57 acres of God's creation—Liseli Haines will coordinate work projects throughout the weekend while Ellen Flanders will head up the Contra Dance Band with Bob Lohaus as caller on Friday night, and Claire Beetlestone will round off Saturday with storytelling after dinner. Bring your favorite tools, old clothes, and a hearty appetite!

Get our Early Bird Rate Special: register by October 1st: \$50 adults, youth and children free! After October 1st: \$75 adults, \$25 youth and children. Childcare available with 3 weeks notice.

To register, call or email Buffy Curtis (our Registrar) at 518-794-8811, ex. 10 or info@powellhouse.org. Or, check out our website, www.powellhouse.org.

Quaker Quest October 31-November 2

Come to Powell House to catch the excitement about Quaker Quest! Friends are abuzz with talk of this dynamic new approach to outreach that is bringing seekers to meetings all over England. Quaker Quest deepens and strengthens meetings as Friends prepare to articulate their faith for newcomers.

Participants will experience a model Quaker Quest session, learn about its core principles, and explore some of its basic exercises. We will also look at the steps for bringing Quaker Quest to a meeting. PLUS: once newcomers arrive, what are their needs and how do we respond? We will consider simple ways to share our Quaker riches as new visitors become new attenders.

Get our Early Bird Rate Special: register by October 15th: \$200 adults, \$100 ages 13-22; \$50 infants; \$100 commuters. After October 15th: \$220/\$110/\$55. Childcare available with 3 weeks notice.

Events in Our Community

Health Care Reform and the 2008 Election

Will White, a memeber of Ithaca Monthly Meeting and the Director Cornell Sloan Health Administration will talk about Health Care Reform and the 2008 Election on Thursday, October 23, 10:30am in the Boyce Thompson Institute Auditorium at Cornell. This lecture is part of the Cornell Association of Professors Emeriti (CAPE) Fall Lecture Series. Parking is free behind the BTI building.

Sage Wednesdays at Cornell

"Sage Wednesdays" have replaced the Sage Chapel Sunday service. Held from 12:15-1:15p in the Sage Chapel on Cornell's cmapus., Sage Wednesdays will provide the campus and the local community an opportunity to reflect upon and discuss the important issues of our time, creating the space for scholarly exploration, spiritual meditation and/or some combination thereof.

Not a worship service, more than a lecture, Sage Wednesdays allows for the expression of a public philosophy and public theology and consideration of the personal pursuit of meaning and purpose.

Sage Wednesdays in the Fall will highlight the general theme "Be the Change," a theme relevant amidst a presidential election season of historic proportions and the plethora of contemporary national and international challengesl.

Topics in October include Sustainability (with Jason Hamilton of Ithaca College), Race and Gender Bias in the 2008 Election (with Greg Parks of Cornell Law School) and Black Theology in the 2008 Election (with Dwight Hopkins of the University of Chicago Divinity School).

CROP Walk

CROP Walks are ecumenical, interfaith and multicultural events. Begun in 1997, CROP now means "Communities Reaching Out to People." It is the name given to community, interfaith hunger educatio and fund-raising events. CROP Walk is sponsored by Church World Service, the relief, development and refugee assistance ministry that works in partnership with local organizations in more than 80 countries.

Each year, 2,000 communities across the US sponsor CROP Walks. One-quarter of what local CROP walkers raise is returned to their communities to address hunger at home. Last year, this event raised over \$17,000, with \$4260 staying in Tompkins County.

"We" walk because "they" walk. Millions of people around the world walk long distances as their only means of transportation for their daily needs, such as water and food.

CROP Walk will be held Sunday, October 19th, rain or shine. Contact Bronwyn Mohlke for information about registration.



In the Light

Each month, there are at least two opportunities to join others in holding people in the Light: Meeting for Healing (fourth Tuesdays at Melody's house, see Meeting Events), and third Thursdays at 8:30p (when Friends at home may join Ministry & Oversight in spirit in this loving ministry).

In order that we all may know and love one another better, Friends are also invited to share their joys, concerns and other personal news here. Please let Rini Clarkberg know if you would like to share something here.

Welcome Theo!

Meeting welcomes Theo Caspar Schneller, new brother to Julian, born to **Lenora Schneller** and her husband Tom on September 22. Theo weighed in at 9 lb. 11 oz. Theo, Mom, and Dad are home now and all are doing well.

Tonia Saxon

Tonia has a new landline in England: +011 44 1223 315795

Since arriving in England a month or so ago, Tonia has become a very regular blogger. Friends are invited to enjoy her blog, named after the view from her apartment (see right): <overlooksasda.blogspot.com>. (Asda is a Walmart subsidiary.)



Meeting Friends



Elizabeth (Betsy) Keokosky

Betsy has been attending Ithaca Monthly Meeting since 2002 or so. She first attended Meeting for Worship while visiting Philadelphia. When she read a plaque there outlining some Quaker beliefs, she found herself in agreement and subsequently decided she should try to look us up here in Ithaca.

Despite being quite busy with going to school for her master's degree in City and Regional Planning while also being employed full-time, Betsy has been active with Peace Witness Committee and with the Social Justice Committee. Betsy was especially involved in helping to support the Burmese refugees who spent some time at the Burtt House.

Betsy is working on a land bank cooperative in Danby, and is thinking about a community enterprise relating to grass pellets.

The most important thing I can tell you is that your life has begun — it's not in the future. You have been taught over and over that if you work hard now, life will be good later on when you can relax. Not so. Life right now is it, and if you aren't enjoying parts of it, change those things that are bothering you and make them enjoyable.

— Email advice to John Hatcher from his father, Chronicle of Higher Education, Aug 4, 2008 Tom Brown, Clerk Mike Simkin, Assistant Clerk Marilyn Ray, Recording Clerks Steve Mohlke, Treasurer

@ Indicates the reading of the minute was approved.

200809.1 Gathering. The Ithaca Monthly Meeting (IMM) of the Religious Society of Friends met on September 14, 2008 in the Hector Meetinghouse for Meeting for Worship with Attention to Business. At 12:00 noon, seven F/friends settled into worship. Clerk read a passage from the "General Business Procedures" section of /Faith and Practice. /The minutes of the July 2008 Monthly Meeting were read. @

200807.2 Amendment to the Minutes of July 2008. Marilyn Ray reported that she had inadvertently omitted the following Minute which was approved from the M&O report in the Minutes for the July 2008 Monthly Meeting:

M&O received a request from Bronwyn and Steve Mohlke seeking membership for their children, Alma and Elsa Mohlke. M&O recommends approval of this request.

Minute Approved (7/12/08) @.

200809.3 Ministry and Oversight report. Sue Ruff presented the report.

- 1. The Committee on Membership for Christianne White, consisting of Tonia Saxon, Nancy Gabriel, and Mike Simkin met with Christianne and recommended her to M&O for membership in IMM. M&O recommended approval of Christianne White for membership in IMM. Minute Approved @
- 2. "Recognizing the importance of the Meetinghouse issue to the life of the Meeting and our future, M&O wants Meeting to know that it has begun to explore where we are and where we might go in the discussion of a Meetinghouse. M&O expected this exploration to take some time." Friends received this report. @

200809.4 Budget Committee report. Will White reported for the Budget Committee which proposed the following two Minutes.

- 1. Ithaca Monthly Meeting expects to provide a minimum of \$13,500 for support of New York Yearly Meeting during 2008. Minute Approved @
- 2. The name of the Budget Committee will be changed to the Finance Committee and its charge expanded to include regular in-house audits of the books, review of the Meeting's investment portfolio, and solicitation of unrestricted contributions, in addition to drafting the annual budget for approval by Meeting. Minute Approved @

200809.5 Consideration of revised CALM charge. Marilyn presented the following proposed charge on behalf of CALM and requested Meeting's approval:

"The Children in the Life of the Meeting (CALM) committee is responsible for planning, implementing, and overseeing all activities related to First Day School during the school year at Anabel Taylor Hall and the children's summer program at Hector Meetinghouse. It also provides support for the teachers, develops and coordinates sample curricula, and maintains materials and a library of resources for teachers. CALM shares responsibility for the Out of the Nest Program with Ministry and Oversight." Minute Approved @

200809.6 Making Committee Charges easily available. Nancy Gabriel raised a question about the need for an accessible, central location for retaining and making Meeting approved Committee charges readily available. Nancy will look into alternative ways to accomplish this and bring a minute back to Meeting for Worship with Attention to Business. Approved @

200809.7 Social Justice Report. Sue Ruff reporting for the Committee presented the following proposed Minute:

Social Justice Committee requests Meeting approval for \$100 for jail inmate materials for the Alternative to Violence Project (AVP). This request grows out of the ongoing commitment and work of Meeting members with AVP as well as support for inmates and their families. Minute Approved @

200809.8 Trustees Report. Larry Clarkberg reporting for Trustees. Trustees requested approval of the following for membership on the *ad hoc* Hector Meeting House Cemetery Policy Committee: Jan Philpot, Elspeth Rodin, Ellie Rosenberg, Martin Jolles, and Melody Johnson (convener). They have all agreed to serve on the Committee. Minute Approved @

200809.9 Treasurer's report. Clerk reported for the Treasurer that the annual budget approved by IMM for 2008 included anticipated \$48,630 in contributions and to date we have received approximately \$15,000, or about one-third the amount anticipated (a copy of the report is available from Clerk or Recording Clerk). Friends received the report. @

At 1:15 p.m., fifteen F/friends continued in silent worship before adjourning. We will meet again for Worship with Attention to Business at the Café in Anabel Taylor Hall on the Cornell University campus October 12, 2008.

 $Respectfully\ submitted,$

Marilyn Ray, Recording Clerk September 2008

Advices & Queries

This month's advices and queries from NYYM Faith & Practice for your contemplation:

Advices 13. It is recommended that Friends take the opportunity, on occasions when special statements or oaths are required, to advance the cause of truth by simple affirmation, thus emphasizing that their statement is only a part of their usual integrity of speech.

Query 13. Do we maintain Friends' testimony against war? Do we "live in the virtue of that life and power which takes away the occasion of all wars"? Are we exerting our influence in favor of settlement of all differences by truly nonviolent methods? Do we strive to transmit to everyone an understanding of the basis of our peace testimony?

October 2008 Calendar

Every Sunday

10:30a **Singing** in the Edwards Room (note: October 5th will be the FDS welcome event, see below.)

11:00a Meeting for Worship for all ages

11:15a Children leave Edwards Room for First Day School.

Other Weekly IMM Events

Tues 9-9:20p **Worship** in your own home.

Wed 7:30p Midweek meeting for worship at the Burtt House.

Thurs 5-5:30p Peace Vigil at the bottom of East State Street near the Community School for Music and Arts.

Monthly Events of Ithaca Monthly Meeting

Second Sunday (October 12th)

Rise of Mtg Meeting for Worship with Attention to Business.

Agenda items should be provided to Tom Brown, Clerk, before October 8th.

Fourth Sunday (October 26)

Rise of Mtg Dish-to-pass brunch in the cafe at Anabel Taylor Hall.

Please bring finger foods to share.

October Events (*For more information about asterisked items, see inside.)

October 1, Wednesday

1:15-3:00p Volunteers needed at **Kitchen Cupboard**. Call Ginny Gartlein for information (272-2471). Kitchen Cupboard regularly needs brown paper bags.

October 4, Saturday

4p or 6p-? Floating Meeting and Apple Picking at Liam Murphy's home, 78 Genung Circle.*

October 5, Sunday

10:30-11a Welcome to First Day School in the Edwards room.*

Rise of Mtg Social Justice Committee in the cafe.*

October 9, Thursday

7-9p Round Singing at Melody's house.*

October 13, Monday

7-9p Elspeth Rhodin turns 80 while in Maine.*

October 14, Tuesday

7:30p Peace Witness Committee at the Burtt House.*

October 16, Thursday

7p Rose Metro shares experiences of Burma/Myanmar.*

October 17, Friday

6p Simon St. Laurent and Angelika Rumberger talk about their experiment eating locally as part of the Living a Quaker Life series.*

October 19, Sunday

9:15ish Children and the Life of the Meeting (CALM) may meet. Confirm with Marilyn Ray.

October 22, Tuesday

7:15p Meeting for Healing, 112 Mt. Pleasant Road.*

November 15

9a-2p **Burtt House**: yard and house clean-up.*