



Newsletter of the  
**Ithaca Monthly Meeting**  
of the Religious Society of Friends (Quakers)

**September 2013**

**IMM CONTACTS**

[ithacamonthlymeeting.org](http://ithacamonthlymeeting.org)

**Meetinghouse:**

120 Third Street • Ithaca NY 14850  
607-229-9500

**Clerk:**

Antonia Saxon • 607-387-5244  
[clerk@ithacamonthlymeeting.org](mailto:clerk@ithacamonthlymeeting.org)  
Box 167 • T-burg, NY 14886

**Assistant Clerk:**

Marilyn Ray • 607-539-7778  
[mlr17@cornell.edu](mailto:mlr17@cornell.edu)

**Treasurer:**

Mike Simkin  
607-387-5174 • [mes13@cornell.edu](mailto:mes13@cornell.edu)  
3137 Jacksonville Rd • T-burg, NY 14886

**Ministry & Worship:**

Barbara Ganzel  
607-275-9512 • [blg4@cornell.edu](mailto:blg4@cornell.edu)

**Pastoral Care:**

Emily Williams • 703.297.9849  
[ewy310@gmail.com](mailto:ewy310@gmail.com)

**Childcare Requests:**

Ellie Rosenberg • 277-1024  
[ellierosenberg7@gmail.com](mailto:ellierosenberg7@gmail.com)

**Burt House, 227 N Willard Way**

Shirley Way, Friend-in-Residence  
[shirleyway61@gmail.com](mailto:shirleyway61@gmail.com) • 607-273-5421

**Listserv:**

To join our email list for solely for meeting-related announcements, send an email message addressed to:

[IMMRSF-L-request@cornell.edu](mailto:IMMRSF-L-request@cornell.edu)  
with message body as simply: join

**Marilyn's List:**

To email Friends and others about events in the Ithaca community, broader social causes or other non-specifically Quaker messages that may be of interest to Friends, consider sending your message through Marilyn Ray. To join or contribute, email:  
[mlr17@cornell.edu](mailto:mlr17@cornell.edu)

**Experiment With Light Sundays, September 15 and 22 at 9:00 am**

Experiment With Light is a guided meditation that tries to reproduce the transformative experiences of early Quakers in their Meetings for Worship, by bringing the light to bear on issues of concern to us. Andre/ia Spies will guide us in this meditation which takes about 45 minutes, and is usually followed by silent reflection or journaling, and then by worship sharing. Andre/ia will begin with a very brief explanation of where the practice originated, and how she first got interested. It's fine to come to either session or both. You can read all about it in Rex Ambler's *Light to Live By*. Copies will be in the library.

If you have questions, contact Carolyn Kenyon, Program Committee.

**Another Successful Season for Our Friends Bike Clinic**

In its second year our Friends Bike Clinic helped over 250 people repair their bikes. We operated two locations, one at the meetinghouse on Sundays and one downtown on Tuesday evenings. A New York Yearly Meeting Witness Activities Fund grant allowed us to



hire three interns (Rosie Altucher, Andrew Lem, and Morgan Michel-Schottman). Many regulars helped out, including Dan Hawkes, Scott McCasland, Pat Sewell, and meetinghouse handyman Eric Lovett (pictured above riding his unique 1940's tandem). Our meetinghouse and downtown clinics are done for the season, although we plan to hold a few mobile clinics (one at Poplar Ridge meetinghouse on 9/15 and others on campus at Ithaca College and Cornell). We plan to spend 9/1 and 9/8 tidying up our space in the meetinghouse basement—you're welcome to come help out. We'll open again in April.

—Laurence Clarkberg

**News from the Alternatives to Violence Program (AVP)**

The AVP team will be holding a Basic and an Advanced workshop on the weekend of October 25th-27th. There is a \$20 donation to cover the cost of food, but no one is turned away for lack of funds. If you want more information or would like to register, you can speak to Susan Wolf or Kathleen Gale or email [AVPIthaca@gmail.com](mailto:AVPIthaca@gmail.com). We'd love to see you there!

The team is also looking forward to presenting a program for the Meeting about AVP. Stay tuned for more details.

## There's a Committee for That

The work of our Meeting is done by committees. Some committees are "open" committees, and encourage all comers. The memberships of other committees are officially appointed by Monthly Meeting, and in some cases, only *members* of Ithaca Monthly Meeting may serve on a committee. Two "members only" committees are Ministry & Worship and Trustees.

**Ministry & Worship** is charged to nurture the religious life of the meeting, providing care of meeting for worship and supporting the Meeting's clerk. In addition, M&W nominates clearness committees (for membership or other purposes), communicates with out-of-town Friends, and drafts the annual State of the Meeting report for New York Yearly Meeting. Currently, Barbara Ganzel convenes M&W. Other members include the clerk (Antonia Saxon), the assistant clerk (Marilyn Ray), Nancy Gabriel, Chuck Mohler and Wendy Wolfe.

**Trustees** are members of our Meeting charged to oversee property ownership and legal issues that touch us. They are empowered to enter into contracts and carry out legal transactions. Meeting's treasurer (Mike Simkin) and clerk (Antonia Saxon) serve on trustees. Other members include Nancy Hillegas, Fell Cadwallader and Tony Serviente.

Friends are always invited to consider how they are led to contribute to the life of the Meeting. Members of Nominating Committee (Tom Brown, Beth Jolles, Blair Jennings and Ellie Rosenberg) are happy to talk over the possibilities with you.

## The Finger Lakes Worship Group

All are invited to our Christian Friends waiting worship. We meet at the Hector Meeting House (near the intersection of Perry City and Jacksonville Roads) on the first and third First Days of the month at noon, followed by a potluck lunch at 1 p.m. (This month, the potlucks are September 1st and 15th.)

*"For Christ has come to teach his people himself."* — George Fox

For more information contact Barbara Smith 582-6954.

## Porchfest Without the Meetinghouse

After hosting Porchfest musical events for the past 3 years and being a bathroom stop for the past two, we have decided to take a break from hosting, and encourage everyone to enjoy the music in our greater Fall Creek and Northside neighborhoods. We are really on the edge of the main Porchfest area so did not get much audience or restroom users.

If anyone wants to organize walk-around cookie baking and selling, feel free! Porchfest is Sunday afternoon Sept. 15 - see <http://www.porchfest.org/> for details.

— Wendy Wolfe and Melody Johnson

## August in Ithaca Monthly Meeting History

A look back at our history through the minutes of our monthly Meeting for Worship with Attention to Business.

### 5 Years Ago (September 14, 2008)

Christianne White was welcomed into membership of IMM.

The name of the Budget Committee was changed to the Finance Committee and its charge expanded to include regular in-house audits of the books, review of the Meeting's investment portfolio, and solicitation of unrestricted contributions, in addition to drafting the annual budget for approval by Meeting.

IMM approved the following charge from CALM, presented by Marilyn Ray:

The Children in the Life of the Meeting (CALM) committee is responsible for planning, implementing, and overseeing all activities related to First Day School during the school year at Anabel Taylor Hall and the children's summer program at Hector Meetinghouse. It also provides support for the teachers, develops and coordinates sample curricula, and maintains materials and a library of resources for teachers. CALM shares responsibility for the Out of the Nest Program with Ministry and Oversight. [This remains the current charge of CALM.]

### 10 Years Ago (September 14, 2003)

The May 2003 minutes were amended to include the welcoming of Heather Ruff into membership of IMM.

### 15 Years Ago (September 14, 1998)

John Lewis, Annalisa Raymer, and daughter AnnaMarie Raymer moved into the Burtt House to serve as the caretaker family for the house.

### 25 Years Ago (September 12, 1988)

Peggy Walbridge was welcomed into membership of IMM.

### 30 Years Ago (September 12, 1983)

The Building Committee reported that work on a new wired-in fire detection system for the Burtt House was to begin the following week. [This was done to meet City of Ithaca codes for public use of the property. At this time, IMM was considering possible use of the property for a meetinghouse. Ned Burtt still owned the property and lived there until his death in 1989, but he had made clear his intent to leave the property to the Meeting and had made a substantial contribution to be used toward upgrading the premises.]

— Tom Brown, Historian

## Summer Meeting for Worship at Hector through September, 10-11am

Our Meeting will continue to host Meeting for Worship at our historic Hector Meetinghouse on Perry City Road (near the intersection with Jacksonville) through September. (This meeting house should not be confused with the Perry City Meeting that meets a few miles down the road.)

## Responding to People in Distress: Learning to Listen

Learn the basic skills of active, reflective and empathic listening used by crisis counselors to help people in distress; anyone can learn these simple techniques and use them to help clients, coworkers, family and friends. Topics covered include understanding the psychological impact of crisis, loss, trauma and grief and becoming alert to people at risk for suicide in your community.

This class is the first step for people interested in becoming a volunteer crisis counselor for the Crisisline, but is open to anyone who wants skills in helping people during a crisis.

Three sessions, on Mondays and Wednesdays, from 6 to 9 pm; healthy snacks provided; Course begins on Monday, September 30, 2013 and continues on Wednesday, October 2, and Monday October 7; no one admitted after first session.

To register, call 607-272-1505 (credit cards accepted) or send checks to SPCS Education, 124 E. Court Street, Ithaca, NY 14850. Tuition/registration is \$50 to \$75 per person; no one will be turned away for lack of funds.

—Lee-Ellen Marvin

## Twentieth Year Anniversary for the Monthly "Richie Sing"

Third Street Meeting House will be hosting the Richie Sing on Saturday, September 14th. We will be acknowledging and celebrating having held a Richie Sing every single month for the last 20 years. Everyone is welcome. You can lead a song, request one, sing along with songs, or simply listen. Please bring dish to share, eating at 6:30 pm, followed by singing at 7:30.

Contact Melody Johnson (272-8755) for more information.

## Giving to IMM

Meeting Treasurer Mike Simkin has set up a way for you to make donations to Meeting easily and regularly using electronic funds transfer from your bank to the Meeting's. To set up electronic donations, simply complete the authorization form below and

return it to the Treasurer: Mike Simkin, 3137 Jacksonville Rd, Trumansburg, NY 14886. Donations can be debited automatically from either a checking or savings account. If you have any questions, email or call Mike Simkin at mes13@cornell.edu or 607-387-5174.

<b>AUTHORIZATION FORM</b>	
Ithaca Monthly Meeting of the Religious Society of Friends Inc.	
Your name:	
Address:	
City, State, Zip:	
Email address:	
I would like to make the following contribution(s):	
<input type="checkbox"/> General Operating Fund	\$ _____
<input type="checkbox"/> Building Fund	\$ _____
<input type="checkbox"/> Kitchen Cupboard _____	\$ _____
<input type="checkbox"/> Other _____	\$ _____
<input type="checkbox"/> Other _____	\$ _____
<b>Total</b>	
Date of first contribution: ___/___/___	
Frequency of contribution (check one):	
<input type="checkbox"/> Weekly – Mondays	
<input type="checkbox"/> Bi-Weekly (every other week)	
<input type="checkbox"/> Semi-monthly – 1 <sup>st</sup> and 15 <sup>th</sup>	
<input type="checkbox"/> Monthly on the 1 <sup>st</sup>	
<input type="checkbox"/> Monthly on the 15 <sup>th</sup>	
<b>CHECKING / SAVINGS</b> Complete this section if using your checking or savings account	
Please debit my (check one):	
<input type="checkbox"/> Checking account—attach voided check <input type="checkbox"/> Savings account—attach voided deposit slip	
Routing #:	Account #:
Valid routing # must start with 0,1,2 or 3	
I authorize the above organization to process debit entries to the above account. I understand that this authority will remain in effect until I provide reasonable notification to terminate the authorization.	
Authorized signature: _____ Date: / /	

# September 2013 Calendar of Ithaca Monthly Meeting

## Special Notes for This Month:

First Sunday Gentle Yoga is discontinuing.

As there was no Meeting for Worship with Attention to Business in August, there are no minutes in this newsletter.

## Welcome First Day School! Sunday, September 8, 10a

First Day School will begin again at the Third Street Meetinghouse. Please join us in the meetingroom for a small welcoming celebration, class assignments and song. This year's FDS theme is *Living a Quaker Life*. We will ponder how we can lead a Quaker life, how others lead and have led their lives, and how our Meeting community leads and lives its life individually and as a community. Queries for Friends wanting to join us in this exploration include:

- What does it mean to be spiritual?
- How does worship affect our ministry; how does ministry affect our worship?
- Am I living a Quaker life just by virtue of being a Quaker?

## Experiment with Light Sunday, September 15, 9a

Led by Andre/ia Spies, *Experiment With Light* is a guided meditation that tries to reproduce the transformative experiences of early Friends. See page 1 for more information.

## Experiment with Light Sunday, September 22, 9a

Second session. Led by Andre/ia Spies, *Experiment With Light* is a guided meditation that tries to reproduce the transformative experiences of early Friends. See page 1 for more information.

## Quaker Women's Clothing Swap Sunday, September 22, Rise of Meeting

Anyone who wears women's clothing (or teen girls clothing) is invited to clean out your closets and bring the stuff you don't want. Then you "shop" through everyone else's unwanted clothing to find some new treasures. We'll be upstairs in the Meetinghouse. Feel free to bring snacks. For more information contact Kris Altucher (277-2854 kris.altucher@gmail.com) or Melissa Travis Dunham (277-9599, mtravis823@yahoo.com).

## Earthcare Committee Meeting Sunday, September 22, Rise of Meeting

Join us in the library. All are welcome.

## Intergenerational Game Night... and Overnight! Saturday, September 28, 7:30p

All are invited for an intergenerational Game Night followed by an optional sleepover for the Power Quakers and Lasers. There will be a pancake breakfast in the morning.

Bring your favorite games and a snack to share; all types of non-electronic games are welcome: board games, word games, card games, etc! For more information, contact Wendy Wolfe at ww16@cornell.edu or 273-4324.

## Fourth Sunday Brunch Sunday, September 29, Rise of Meeting

Bring a dish to share and enjoy fellowship.

## Newsletter submissions due Thursday, September 26, 5p

Please provide your newsletter contributions to Marin Clarkberg: 150 Giles St., 14850, 607-279-4722, clarkberg@cornell.edu.

## Every Sunday

- 10:00a Summer Meeting for Worship at **Hector Meetinghouse**, 5066 Perry City Road
- 10:00a **Coffee and fellowship** in the library of the Third Street Meetinghouse
- 10:30a **Meeting for Worship** for all ages at the Third Street Meetinghouse
- 10:45a **First Day School**: attenders exit the meetingroom.

## Other Weekly IMM Events

- Wed 5:30-6:30p **Meeting for worship** at the Third Street Meetinghouse
- Wed 7:30p **Midweek meeting** for worship at the Burtt House (227 N. Willard Way)
- Thurs 5-5:30p **Peace Vigil** at the bottom of East State Street near the Community School for Music and Arts